



INTERNATIONAL TRAVEL Packing List

Passport: Ensure it's valid for at least six months beyond your return date.

Flight Itinerary, tickets and accommodation confirmations: Print or save electronic tickets and boarding passes, transfer, and accommodation confirmations.

Visa: Check if your destination and transit countries require a visa and obtain one if necessary.

Copies of Important Documents: photocopy digitally scan your passport, visa, travel insurance, & itinerary. Store them separately from originals. Leave a copy with a trusted person at home.

Travel Insurance: Purchase comprehensive travel insurance to cover medical emergencies trip cancellations, and lost luggage.

Vaccinations: get any required or recommended vaccinations for your destination.

Medications: Pack essential medications in original bottles with copies of prescriptions.

Emergency Kit: Pack a basic first aid kit with band-aids, pain relievers, and any essential medications.

Emergency Contacts: Compile a list of emergency contacts, including local contacts at your destination.

Credit/Debit Cards: Notify your bank of your travel plans to prevent card issues abroad.

Currency: Exchange some currency before departure and have a small amount of local currency on hand.

Travel Locks: Bring TSA-approved locks for luggage security.

Electrical Adapter & Portable Charger: Ensure you have the correct adapter for your destination's electrical outlets and keep devices charged on the go.

Travel Pillow and Accessories:

- Carry-on friendly toiletry kit to freshen up
- Comfy socks for the plain ride
- easy to slip on shoes

Travel Apps: Download travel apps, such as maps, currency converters, and transportation apps.

Language Essentials: Learn basic phrases in the local language and consider a translation app.

Cellular Communication & Local SIM Card: Confirm international & at sea rates with your phone carrier. Consider buying a local SIM card for data & communication.

International Driving Permit (IDP): If planning to drive abroad, obtain an IDP if your destination requires it.

Reusable Shopping Bag or lightweight backpack: Handy for carrying souvenirs and purchases.

Travel Journal: Capture memories and jot down important details.

Your sense of adventure!



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